

POST-SCALING INSTRUCTIONS

1. **DO NOT EAT ANYTHING UNTIL THE ANESTHESIA WEARS OFF.**
2. **EAT A RELATIVELY NORMAL DIET BEGINNING THE SAME DAY AFTER TREATMENT; HOWEVER, NO PRETZELS, CHIPS, NUTS, POPCORN, ETC..... AS THESE MAY IRRITATE THE TISSUES OR LODGE UNDER THE HEALING GUMS.**
3. **AVOID EXTREMELY HOT OR SPICY FOODS. CHEW ON THE OPPOSITE SIDE, IF POSSIBLE, FOR SEVERAL DAYS.**
4. **TAKE OVER THE COUNTER ADVIL OR TYLENOL FOR ANY MINOR DISCOMFORT.**
5. **CONTINUE USING THE MOUTH RINSE, MORNING AND EVENING, IF ONE WAS PRESCRIBED.**
6. **GENTLY BRUSH AND FLOSS AT THE GUMLINE BEGINNING THE SAME DAY AFTER TREATMENT. THE AREA MUST BE KEPT FREE OF BACTERIA WHILE HEALING. A SLIGHT AMOUNT OF BLEEDING WILL OCCUR SO DO NOT BECOME CONCERNED.**

IF YOU HAVE AN AFTER HOURS DENTAL EMERGENCY, CALL DR. REIGH AT 610-582-9051

IF YOU HAVE A TRUE MEDICAL EMERGENCY SUCH AS EXCESS BLEEDING OR AN ALLERGIC REACTION, GO DIRECTLY TO THE CLOSEST EMERGENCY ROOM.

Phil. 4:8-9